

Mr David Lloyd

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COLONOSCOPY PREPARATION FOR MORNING COLONOSCOPIC EXAMINATION

INSTRUCTIONS FOR THE USE OF COLONLYTELY

The day before the colonoscopy:

Breakfast: You may drink water, clear juice (no pulp) or black tea or coffee
(NO MILK), (nothing with RED COLOURING)

Lunch: Fluids only, this may be jelly (except RED), soup (clear broth only – no
vegetables or meat), juice (no pulp), NO MILK.

Dinner: Fluids only (as above for lunch)

4pm – 7pm: Drink 2 litres of Colonlytely

Drink at least 3 glasses of clear liquid before retiring – more if desired.

The day of the colonoscopy:

5am – 6am Drink 1 litre of Colonlytely

No breakfast

All cardiac tablets may be taken with a small sip of water.

Blood thinners – Warfarin, Clopidogrel, Dabigatran etc should be ceased before the procedure, on discussion with your Doctor or Mr Lloyd. Aspirin can continue to be taken.

****NO RED COLOURING IN FLUIDS PLEASE****

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